



Jake Harris

922535819

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Jake Harris	<b>Number</b>	922535819
<b>Postcode</b>	SS7 2RF	<b>Address</b>	Central Chambers 227 London Road Hadleigh Benfleet Essex United Kingdom
<b>Date of birth</b>	December 1990	<b>Nationality</b>	British
<b>Total current directorships</b>	3		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
J & A FITNESS LTD	15846170	Active - Newly Incorporated	18/07/2024		Director
BENCHMARK FITNESS & NUTRITION LTD	10202000	Active - Accounts Filed	18/10/2022		Director
AUTO-PLAS LTD	12375979	Active - Accounts Filed	23/12/2019		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
BENCHMARK PROPERTY INVESTMENTS LTD	13812972	Non-Trading	22/12/2021	22/06/2023	Director