



Jonathan David Thomas

920417540

Director Information

Title	Mr	Honours	
Name	Jonathan David Thomas	Number	920417540
Postcode	SW1X 7HN	Address	20 Grosvenor Place London England
Date of birth	August 1986	Nationality	British
Total current directorships	11		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
TP HEALTH (HOLDINGS) LIMITED	12949609	Active - Accounts Filed	22/05/2024		Director
HEALTHWORK GROUP LIMITED	08842488	Active - Accounts Filed	22/05/2024		Director
TP HEALTH LIMITED	05770728	Active - Accounts Filed	22/05/2024		Director
OPTIMA HEALTH PLC	13886031	Active - Accounts Filed	17/03/2023		Director
HEALTHY PERFORMANCE LIMITED	05905144	Active - Accounts Filed	25/10/2021		Director
OPTIMA HEALTH MEDICAL ASSESSMENTS LIMITED	08705343	Non-Trading	21/12/2016		Director
OPTIMA HEALTH UK LIMITED	08544676	Active - Accounts Filed	21/12/2016		Director
OH ASSIST INTERMEDIATE LIMITED	09621612	Active - Accounts Filed	20/01/2016		Director
OH ASSIST LIMITED	09621658	Active - Accounts Filed	20/01/2016		Director
OH ASSIST FINANCE LIMITED	09621590	Active - Accounts Filed	20/01/2016		Director
OPTIMA HEALTH GROUP LIMITED	09621608	Active - Accounts Filed	31/12/2015		Director