



Maria Josephine Humphreys

919273234

Director Information

Title	Mrs	Honours	
Name	Maria Josephine Humphreys	Number	919273234
Postcode	NE4 5TF	Address	C/o Solution Performance Group Ltd The Core Bath Lane Newcastle Helix Newcastle Upon Tyne United Kingdom
Date of birth	October 1975	Nationality	British
Total current directorships	4		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
TYNEFAST HOLDINGS LTD	13475383	Active - Accounts Filed	04/11/2021		Director
KEYSTONE WELLBEING SERVICES C.I.C.	12499676	Active - Accounts Filed	09/06/2021		Director
TYNESIDE WOMEN'S HEALTH	06702528	Active - Accounts Filed	07/02/2018		Director
SOLUTION PERFORMANCE GROUP LTD	10095655	Active - Accounts Filed	31/03/2016		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
SMART WORKS NEWCASTLE	11115960	Active - Accounts Filed	06/04/2018	15/03/2021	Director
SPECTRUM 7 LTD	09225128	Company is dissolved	22/04/2015		Director
NINE HEALTH UK LIMITED	09315768	Active - Accounts Filed	18/11/2014	18/11/2014	Director