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Adam Sheppard

916653237

Director Information

| | | | |
|------------------------------------|---------------|--------------------|---|
| Title | Mr | Honours | |
| Name | Adam Sheppard | Number | 916653237 |
| Postcode | SA73 3JP | Address | 44 Hamilton House Hamilton Terrace Milford Haven Pembrokeshire |
| Date of birth | December 1980 | Nationality | British |
| Total current directorships | 1 | | |

List of Current Directorships

| Company Name | Number | Company Status | App. Date | Res. Date | Position |
|--------------------------------|----------|-------------------------|------------|-----------|----------|
| B-FIT HEALTH & FITNESS LIMITED | 09918521 | Active - Accounts Filed | 20/11/2017 | | Director |

List of Previous Directorships

| Company Name | Number | Company Status | App. Date | Res. Date | Position |
|-----------------------|----------|----------------------|------------|-----------|----------|
| PROSPER HR LIMITED | 11069555 | Company is dissolved | 17/11/2017 | | Director |
| CONCEPT BIKES LIMITED | 07940623 | Company is dissolved | 08/02/2012 | | Director |