



Caroline Sarah Russell

914875082

Director Information

Title	Ms	Honours	
Name	Caroline Sarah Russell	Number	914875082
Postcode	IP14 1JA	Address	Bury Lodge Bury Road Stowmarket Suffolk England
Date of birth	September 1964	Nationality	British
Total current directorships	1		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
WOOSH CONSULTING LIMITED	08608859	Active - Accounts Filed	15/07/2013		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
THE IDEAS CENTRE LIMITED	07720696	Active - Accounts Filed	09/12/2014	01/04/2020	Director
BODYFIT SPORT SCIENCE LTD	07112705	Company is dissolved	05/02/2010	31/08/2011	Director