



Helena Sain

911132622

## Director Information

<b>Title</b>	Miss	<b>Honours</b>	
<b>Name</b>	Helena Sain	<b>Number</b>	911132622
<b>Postcode</b>	BR3 5HZ	<b>Address</b>	9 Albemarle Road Beckenham Kent
<b>Date of birth</b>	March 1971	<b>Nationality</b>	British

**Total current directorships**

2

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
BREEZE YOGA LIMITED	06694648	Active - Accounts Filed	04/05/2018		Director
GRANVILLE FREEHOLD MANAGEMENT LIMITED	05609537	Active - Accounts Filed	21/11/2005		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
H SAIN LTD	08815100	Company is dissolved	13/12/2013		Director
SAMSARA MIND AND BODY LIMITED	08346212	In Liquidation	03/01/2013	21/06/2022	Director
MAITLAND CENTRAL SERVICES LONDON LIMITED	06605012	Company is dissolved	01/01/2013	27/06/2013	Director