



Andrew Richard Kay

906308135

## Director Information

|                                    |                    |                    |   |
|------------------------------------|--------------------|--------------------|---|
| <b>Title</b>                       | Mr                 | <b>Honours</b>     |   |
| <b>Name</b>                        | Andrew Richard Kay | <b>Number</b>      | 906308135                                 |
| <b>Postcode</b>                    | CM24 8UA           | <b>Address</b>     | 3 Church Hill Corner<br>Stansted<br>Essex |
| <b>Date of birth</b>               | October 1966       | <b>Nationality</b> | British                                   |
| <b>Total current directorships</b> | 3                  |                    |   |

### List of Current Directorships

| Company Name                 | Number   | Company Status              | App. Date  | Res. Date | Position |
|------------------------------|----------|-----------------------------|------------|-----------|----------|
| PROINSIGHT HOLDINGS LTD      | 15947411 | Active - Newly Incorporated | 10/09/2024 |           | Director |
| RAW CORPORATE HEALTH LIMITED | 04177782 | Active - Accounts Filed     | 31/08/2019 |           | Director |
| SOCIUS INVESTING LIMITED     | 09626903 | Active - Accounts Filed     | 06/06/2015 |           | Director |

### List of Previous Directorships

| Company Name                                      | Number   | Company Status          | App. Date  | Res. Date  | Position          |
|---|----------|-------------------------|------------|------------|-------------------|
| YZ45 PROCUREMENT LTD                              | 07669718 | Company is dissolved    | 22/10/2020 |            | Director          |
| FIT INVESTMENTS LIMITED                           | 12035777 | Active - Accounts Filed | 06/06/2019 | 31/03/2020 | Director          |
| LONDON HEALTH & FITNESS LIMITED                   | 06678890 | Company is dissolved    | 21/08/2008 |            | Company Secretary |
| LONDON HEALTH & FITNESS LIMITED                   | 06678890 | Company is dissolved    | 21/08/2008 |            | Director          |
| PSW2008/1 LIMITED                                 | 06677902 | Company is dissolved    | 20/08/2008 | 26/09/2008 | Company Secretary |
| ARK WELLBEING SYSTEMS LIMITED                     | 04423731 | Company is dissolved    | 24/04/2002 |            | Company Secretary |
| ARK WELLBEING SYSTEMS LIMITED                     | 04423731 | Company is dissolved    | 24/04/2002 |            | Director          |
| LONDON HEALTH & FITNESS PERSONAL TRAINING LIMITED | 04103002 | Company is dissolved    | 07/11/2000 |            | Director          |
| ARK LEISURE MANAGEMENT LIMITED                    | 03735682 | Non-Trading             | 18/03/1999 | 31/10/2008 | Director          |
| ARK LEISURE MANAGEMENT LIMITED                    | 03735682 | Non-Trading             | 18/03/1999 | 31/10/2008 | Company Secretary |