



Sarah Helen Adams

906243975

## Director Information

**Title** Ms  
**Name** Sarah Helen Adams  
**Postcode** AL1 1UU

**Honours**  
**Number** 906243975  
**Address** 45 Whitecroft  
St Albans  
Hertfordshire

**Date of birth** May 1965  
**Total current directorships** 0

**Nationality** British

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
N/A*					

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
MERIDIAN LONDON LIMITED	04316758	Company is dissolved	05/11/2001		Director
MERIDIAN COURIERS LIMITED	04172835	Company is dissolved	05/03/2001		Director
MERIDIAN TRANSPORT LIMITED	03644772	Company is dissolved	06/10/1998		Director
ALPHA COURIERS LIMITED	03439961	Company is dissolved	26/09/1997	17/04/1998	Director
ALPHA COURIERS LIMITED	03439961	Company is dissolved	26/09/1997	17/04/1998	Company Secretary
LONDON EXPRESS LIMITED	02649047	Company is dissolved	01/11/1992	01/06/1995	Director