



Lara Ester Baumann

905325759

Director Information

Title	Ms	Honours	
Name	Lara Ester Baumann	Number	905325759
Postcode	E4 6AB	Address	110 Station Road Chingford London
Date of birth	March 1971	Nationality	German
Total current directorships	2		

List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
QUANTUM YOGA LIMITED	13563358	Active - Accounts Filed	12/08/2021		Director
123 LADBROKE GROVE MANAGEMENT LIMITED	03382172	Active - Accounts Filed	05/06/1997		Director

List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
QUANTUM YOGA LIMITED	07162464	Company is dissolved	18/02/2010		Director
MILLENNIUM WORKFORCE LIMITED	03787686	Company is dissolved	11/06/1999		Director