



Patrick James Holford

903987512

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Patrick James Holford	<b>Number</b>	903987512
<b>Postcode</b>	SW15 6DT	<b>Address</b>	9 Chartfield Avenue London England
<b>Date of birth</b>	March 1958	<b>Nationality</b>	British
<b>Total current directorships</b>	2		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
COGNITION INTERNATIONAL LTD	14202451	Non-Trading	29/06/2022		Director
HOLFORD AND ASSOCIATES LIMITED	02953987	Active - Accounts Filed	29/07/1994		Director

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
VITAMIN C 4 COVID COMMUNITY INTEREST COMPANY	13243995	Company is dissolved	04/03/2021		Director
FOOD FOR THE BRAIN FOUNDATION	05885305	Active - Accounts Filed	01/07/2015	31/10/2023	Director
100% HEALTH LIMITED	05494151	Company is dissolved	29/06/2005		Company Secretary
100% HEALTH LIMITED	05494151	Company is dissolved	29/06/2005		Director
BRAIN BIO CENTRE LTD	05443609	Company is dissolved	05/05/2005		Director
NATURALLY HIGH LIMITED	04140755	Company is dissolved	01/01/2003	31/10/2001	Director
THE INSTITUTE FOR OPTIMUM NUTRITION	02724405	Active - Accounts Filed	19/06/1993	01/07/1998	Company Secretary
THE CAMPAIGN FOR HEALTH THROUGH FOOD LIMITED	02506983	Company is dissolved	31/05/1992		Director