



Mathew David Richardson

903579555

## Director Information

|                                    |                         |                    |                                                                                      |
|------------------------------------|-------------------------|--------------------|--------------------------------------------------------------------------------------|
| <b>Title</b>                       | Mr                      | <b>Honours</b>     | BSC HONS                                                                             |
| <b>Name</b>                        | Mathew David Richardson | <b>Number</b>      | 903579555                                                                            |
| <b>Postcode</b>                    | NP12 4AD                | <b>Address</b>     | Unit 8 Oakdale Court<br>Bryn Brithdir Oakdale Business<br>Park<br>Blackwood<br>Gwent |
| <b>Date of birth</b>               | May 1971                | <b>Nationality</b> | British                                                                              |
| <b>Total current directorships</b> | 6                       |                    |                                                                                      |

### List of Current Directorships

| Company Name                     | Number   | Company Status              | App. Date  | Res. Date | Position          |
|----------------------------------|----------|-----------------------------|------------|-----------|-------------------|
| ANR GROUP LIMITED                | 16174680 | Active - Newly Incorporated | 10/01/2025 |           | Director          |
| ATLANTIC BLUE YACHTING LIMITED   | 13160600 | Active - Accounts Filed     | 27/01/2021 |           | Director          |
| MERLIN MOCHA LTD                 | 11626069 | Other                       | 16/10/2018 |           | Director          |
| ANR PROBAKE LIMITED              | 08581579 | Non-Trading                 | 24/06/2013 |           | Director          |
| APPLIED NUTRITIONAL RESEARCH LTD | 06511740 | Active - Accounts Filed     | 21/02/2008 |           | Company Secretary |
| APPLIED NUTRITIONAL RESEARCH LTD | 06511740 | Active - Accounts Filed     | 21/02/2008 |           | Director          |

### List of Previous Directorships

| Company Name                               | Number   | Company Status          | App. Date  | Res. Date  | Position          |
|--------------------------------------------|----------|-------------------------|------------|------------|-------------------|
| PEAK BODY LIMITED                          | 03568327 | Company is dissolved    | 21/05/1998 |            | Director          |
| PEAK BODY LIMITED                          | 03568327 | Company is dissolved    | 21/05/1998 |            | Company Secretary |
| HI-SOL LTD                                 | 02950113 | Company is dissolved    | 02/12/1994 | 13/11/1997 | Company Secretary |
| HI-SOL LTD                                 | 02950113 | Company is dissolved    | 02/12/1994 |            | Director          |
| GLANBIA PERFORMANCE NUTRITION (UK) LIMITED | 02828321 | Active - Accounts Filed | 18/06/1993 | 19/02/2008 | Director          |
| GLANBIA PERFORMANCE NUTRITION (UK) LIMITED | 02828321 | Active - Accounts Filed | 18/06/1993 | 18/08/2005 | Company Secretary |