



Farouq Rashid Sheikh

902485491

## Director Information

<b>Title</b>	Mr	<b>Honours</b>	
<b>Name</b>	Farouq Rashid Sheikh	<b>Number</b>	902485491
<b>Postcode</b>	EN6 1AG	<b>Address</b>	Metropolitan House Darkes Lane Potters Bar England
<b>Date of birth</b>	October 1958	<b>Nationality</b>	British
<b>Total current directorships</b>	88		

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
AEQUITAS ESTATES MK1 LIMITED	10866002	Active - Accounts Filed	14/07/2017		Director
AEQUITAS ESTATES (RAUNDS) LIMITED	10467905	Active - Accounts Filed	08/11/2016		Director
AEQUITAS ESTATES (MAIDSTONE) LIMITED	09232074	Active - Accounts Filed	22/01/2015		Director
EQL SOLUTIONS LIMITED	08758477	Active - Accounts Filed	15/11/2013		Director
AEQUITAS ESTATES LIMITED	08699387	Active - Accounts Filed	08/11/2013		Director
CARETECH ESTATES (NO 7) LIMITED	08628141	Active - Accounts Filed	29/07/2013		Director
CARETECH ESTATES (NO 6) LIMITED	08420656	Active - Accounts Filed	26/02/2013		Director
CARETECH FOSTERING SERVICES LIMITED	07205262	Non-Trading	02/11/2012		Director
CARETECH FOSTERING HOLDINGS LIMITED	07206363	Non-Trading	02/11/2012		Director
PARK FOSTER CARE SERVICES SCOTLAND LIMITED	SC427502	Non-Trading	03/07/2012		Director
LOCKSBRIDGE DEVELOPMENTS LIMITED	07644493	Active - Accounts Filed	14/05/2012		Director
SHEIKH HOLDINGS GROUP (INVESTMENTS) LIMITED	07649108	Active - Accounts Filed	13/03/2012		Director
APPLIED CARE AND DEVELOPMENT LIMITED	SC224352	Active - Accounts Filed	17/02/2012		Director
COMPLETE CARE & ENABLEMENT SERVICES LTD	05905163	Active - Accounts Filed	13/07/2011		Director
PROFESSIONAL INTEGRATED CARE SERVICES LIMITED	04771613	Non-Trading	27/05/2011		Director
TLC (WALES) INDEPENDENT FOSTERING LIMITED	04824925	Active - Accounts Filed	27/05/2011		Director
SELWYN CARE LIMITED	03737832	Active - Accounts Filed	04/03/2011		Director
CAMERON CARE LIMITED	SC283940	Active - Accounts Filed	21/02/2011		Director



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FOSTERING SUPPORT GROUP LIMITED	02359399	Active - Accounts Filed	13/12/2010	Director
PHOENIX THERAPY AND CARE LIMITED	SC254555	Active - Accounts Filed	13/12/2010	Director
CARETECH FOSTER CARE LIMITED	05185612	Active - Accounts Filed	13/12/2010	Director
COVEBERRY LIMITED	01208511	Active - Accounts Filed	23/09/2010	Director
UPLANDS (FAREHAM) LIMITED	03488896	Non-Trading	23/09/2010	Director
BRANAS ISAF (PERSONAL DEVELOPMENT & APPROACH TRAINING) LIMITED	04826959	Non-Trading	18/08/2010	Director
BRANAS ISAF (THERAPEUTIC PROVISION) LIMITED	05355404	Non-Trading	18/08/2010	Director
PARK FOSTER CARE LTD	04861395	Active - Accounts Filed	12/08/2010	Director
PRESTWOOD RESIDENTIAL HOMES LTD	04129564	Active - Accounts Filed	19/07/2010	Director
OUTLOOK FOSTERING SERVICES LIMITED	04357704	Non-Trading	11/06/2010	Director
ST. MICHAEL'S SUPPORT & CARE LIMITED	05978585	Active - Accounts Filed	09/06/2010	Director
CARETECH CONSULTING LIMITED	07186925	Non-Trading	09/06/2010	Director
GREENFIELDS ADOLESCENT DEVELOPMENT LIMITED	04068839	Active - Accounts Filed	28/05/2010	Director
CARETECH INTERNATIONAL LIMITED	06902547	Active - Accounts Filed	20/04/2010	Director
FRANKLIN HOMES LIMITED	03002865	Active - Accounts Filed	06/04/2010	Director
HAZELDENE U.K. LTD	FC015967	Active - Accounts Filed	09/12/2009	Director
ROBOROUGH HOUSE LTD	05054294	Active - Accounts Filed	08/12/2009	Director
CARETECH ESTATES (NO. 5) LIMITED	07027116	Active - Accounts Filed	23/09/2009	Director
ROSEDALE CHILDREN'S SERVICES LIMITED	04932054	Active - Accounts Filed	01/05/2009	Director
VALEO COMMUNITY PROJECTS LIMITED	03941224	Non-Trading	16/06/2008	Director
VALEO LIMITED	04099715	Active - Accounts Filed	16/06/2008	Director
BRIGHT CARE LIMITED	04050733	Active - Accounts Filed	28/04/2008	Director
BEECH CARE LIMITED	04050685	Active - Accounts Filed	28/04/2008	Director
KIRKSTALL LODGE LIMITED	04778674	Active - Accounts Filed	28/04/2008	Director
EMERALDPOINT LIMITED	03098166	Non-Trading	28/04/2008	Director
LEIGHAM LODGE LIMITED	04583599	Active - Accounts Filed	28/04/2008	Director
ADDINGTON HOUSE LIMITED	04404355	Active - Accounts Filed	28/04/2008	Director
GLENROYD HOUSE LIMITED	04326288	Active - Accounts Filed	28/04/2008	Director
VICTORIA LODGE LIMITED	04454845	Active - Accounts Filed	28/04/2008	Director



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PALM CARE LIMITED	04050739	Active - Accounts Filed	28/04/2008	Director
ASHRING HOUSE LIMITED	03370991	Active - Accounts Filed	28/04/2008	Director
ASHVIEW HOUSE LIMITED	03304446	Active - Accounts Filed	28/04/2008	Director
BEACON CARE HOLDINGS LIMITED	03293998	Active - Accounts Filed	28/04/2008	Director
BEACON CARE LIMITED	03160894	Active - Accounts Filed	28/04/2008	Director
MAGNOLIA COURT LIMITED	05444649	Active - Accounts Filed	28/04/2008	Director
VOSSE COURT LIMITED	04778676	Active - Accounts Filed	28/04/2008	Director
WYATT HOUSE LIMITED	04319271	Active - Accounts Filed	28/04/2008	Director
ASHCROFT HOUSE LIMITED	03390658	Active - Accounts Filed	28/04/2008	Director
BEACON CARE INVESTMENTS LIMITED	04351554	Active - Accounts Filed	28/04/2008	Director
PRIMROSE COURT LIMITED	04803769	Non-Trading	28/04/2008	Director
COMMUNITY SUPPORT PROJECT LIMITED	05941774	Active - Accounts Filed	23/04/2008	Director
DELAM CARE LIMITED	02995783	Active - Accounts Filed	23/04/2008	Director
SUNNYSIDE CARE HOMES LTD	04589719	Active - Accounts Filed	23/04/2008	Director
CARE SUPPORT SERVICES LIMITED	05356025	Non-Trading	23/04/2008	Director
COUNTICARE LIMITED	02585666	Non-Trading	23/04/2008	Director
ONE STEP (SUPPORT) LIMITED	04534652	Active - Accounts Filed	23/04/2008	Director
CARETECH ESTATES (NO.4) LIMITED	06543818	Active - Accounts Filed	01/04/2008	Director
CARETECH ESTATES (NO 3) LIMITED	06518491	Active - Accounts Filed	20/03/2008	Director
CARETECH ESTATES (NO 2) LIMITED	06518327	Active - Accounts Filed	20/03/2008	Director
HERESON HOUSE LIMITED	04385252	Active - Accounts Filed	20/03/2008	Director
WHITE CLIFFS LODGE LIMITED	04351559	Active - Accounts Filed	20/03/2008	Director
HUNTSMANS LODGE LIMITED	04668317	Active - Accounts Filed	20/03/2008	Director

## List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
LOCKSBRIDGE ESTATES (BREDBURY) LIMITED	10850857	Company is dissolved	05/07/2017		Director
CRANFIELD TECHNOLOGY PARK INVESTMENTS LIMITED	10754603	Active - Accounts Filed	04/05/2017	08/04/2022	Director
AEQUITAS ESTATES (POYLE) LIMITED	10119782	Company is dissolved	01/11/2016	23/02/2017	Director
IRON AID FOUNDATION	07140350	Active - Accounts Filed	12/08/2016	21/11/2017	Director
TRITAX ATHERSTONE (UK) LIMITED	09704147	Active - Accounts Filed	14/08/2015	06/09/2017	Director
MEAALOFA DEVELOPMENTS HOLDINGS LIMITED	08775593	Company is dissolved	27/11/2013		Director
GORESBROOK PROPERTY LIMITED	08747288	Non-Trading	27/11/2013	23/01/2015	Director
LOCKSBRIDGE ESTATES LIMITED	08497345	Company is dissolved	24/09/2013		Director
LOCKSBRIDGE ESTATES (INVESTMENT) LIMITED	08638715	Company is dissolved	24/09/2013		Director



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LOCKSBRIDGE ESTATES (BUSHEY) LIMITED	08638607	Company is dissolved	24/09/2013		Director
PRE-X CAPITAL MANAGEMENT LIMITED	05595715	Company is dissolved	25/10/2007	14/10/2009	Director
METANOVA LIMITED	06331316	Company is dissolved	17/09/2007		Director
COMPASS COMMUNITY CARE LIMITED	03956644	Active - Accounts Filed	01/07/2000	06/08/2002	Director
SHOES INTERNATIONAL LIMITED	02632439	Company is dissolved	25/07/1992	31/12/1996	Director
F.I.L. (ESTATES AND MANAGEMENT) LIMITED	02441356	Company is dissolved	09/11/1991		Director
F.I.L. GROUP PLC	01923457	Company is dissolved	08/06/1991	01/07/1995	Director