



# Company Search

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John Alan Clough

901313385

## Director Information

**Title** Mr  
**Name** John Alan Clough  
**Postcode** IP7 7AE

**Honours** CBE MC  
**Number** 901313385  
**Address** The Hays  
Monks Eleigh  
Suffolk  
**Nationality** British

**Date of birth** March 1924  
**Total current directorships** 0

### List of Current Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
N/A*					

### List of Previous Directorships

Company Name	Number	Company Status	App. Date	Res. Date	Position
INSTANT MUSCLE ENTERPRISES (WALES) LIMITED	02561827	Company is dissolved	23/11/1991		Director
INSTANT MUSCLE ENTERPRISES LIMITED	02561817	Company is dissolved	23/11/1991		Director
INSTANT MUSCLE ENTERPRISES (LONDON) LIMITED	02359581	Company is dissolved	01/08/1991		Director
INSTANT MUSCLE LIMITED	01789716	Company is dissolved	18/06/1991	13/11/1997	Director